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## Continuing Medical Education Brochure for

# 2021 Substance Use Disorder Annual Symposium WRNMMC (Interprofessional, CDE)

Wednesday, September 22, 2021 - Wednesday, September 22, 2021 Virtual via Adobe Connect, Bethesda, MD

# Provided By NMLPDC

| Activity ID | Course Director    | CME Planner               |   |
|-------------|--------------------|---------------------------|---|
| 2021-0566   | Christopher Spevak | Christopher J. Spevak, MD | _ |

#### **Accreditation Statement**

The Naval Medical Leader & Professional Development Command (NMLPDC), Continuing Medical Education (CME) Department, Bethesda, Maryland is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for Physicians.

# **Credit Designation**

The Naval Medical Leader & Professional Development Command designates this Live Activity for a maximum of 7 AMA PRA Category 1 Credit(s). TM Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Statement of Need/Gap Analysis**

# The purpose of this CME activity is to address the identified gap(s):

1. There is lack of knowledge and competence in SUD treatment practice; SUD is not incorporated in office-based treatment of substance use disorders and so is underutilized across the Military Healthcare System MHS. Statistical data with MHA / DHA shows 95% of physicians have little or no familiarity with Buprenorphine as treatment for chronic pain and addiction.

#### **Learning Objectives**

- 1. Effectively treat, monitor, diagnose and manage SUD patients.
- 2. Effectively use Medication Assisted Therapy.
- 3. Effective implement the new DOD and NIDA initiatives, to include drug demand reduction and tobacco cessation.

### **Target Audience / Scope of Practice**

This course is intended for physicians (primary, psychiatry, infectious disease, pain management,

Target Audience: LCSW, counselors and other specialties) who are interested in pharmacotherapy or other

modalities for substance use that can be undertaken in office-based settings.

This activity will increase the knowledge base, competencies and tools available to caregivers on

Scope of Practice: office-based pharmacotherapy for substance use disorders. This course is most appropriate for

primary care physicians because they are most likely to see cases of substance abuse first.

## **Policy on Disclosure**

As a provider accredited by the ACCME, it is the policy of the NMLPDC to require the disclosure of the existence of any relevant financial interest or any other relationship a faculty member or a spouse has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation. Detailed disclosure will be made in the course syllabus/course handouts.

\*\* The NMLPDC supports the Americans with Disabilities Act. Please contact the Course Administrator for any special request. \*\*

## **Acknowledgement of Commercial Support**

There is no commercial support associated with this educational activity.

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Agenda/Presenter

| Date/Time                  | Торіс   | Presenter  |
|----------------------------|---|--|
| 9/22/2021 09:05<br>- 10:05 | Understanding the biological causes of domestic violence, PTSD and how they interact with addiction | David T. George  |
| 9/22/2021 10:05<br>- 11:00 | Provider & Patient Experience   | Kevin T. McCauley, MD  |
| - 11:45                    | Substance Use Disorders in the Navy (Past, Current & Future Perspectives)                           | Christopher D. Johnson,<br>LISW, BCD   |
| 9/22/2021 11:50<br>- 12:30 | Clinical Practice Guidelines for Substance Use Disorders  | Joseph Liberto   |
| 9/22/2021 13:00<br>- 16:30 | The Lifecycle of a SUD Patient Workshop   | Harold J. Wain, Ph.D.<br>Rohul Amin<br>Jessica Bunin<br>Christopher Hines<br>ENOCH BARRIOS<br>Shannon Ford |
| 9/22/2021 13:00<br>- 16:30 | COVID and SUD, Intersecting Epidemics Workshop  | Ilene . Robeck, MD   |
| 9/22/2021 13:00<br>- 16:30 | Integrative Medicine for SUD Workshop   | Lynne Vance<br>Stephanie Gottschalk  |
| 9/22/2021 13:00<br>- 16:30 | Motivational Interviewing for Substance Use Disorders Workshop                                      | CPT Marc A. Patience<br>Chase Aycock   |

**Area of Expertise** 

| Area of Experuse            |   |  |
|-----------------------------|---|--|
|                             | Area of Expertise   |  |
| MAJ Rohul<br>. Amin,        | Major Amin is a psychiatrist and internist. Over 5 years of experience; attended America's Medical School (Uniformed Services University) in Bethesda, MD. He trained in internal medicine and psychiatry at Walter Reed National Military Medical Center, Bethesda, MD. Major Amin's interest in graduate medical education which led him to serving as the chief resident for internal medicine. He was then transferred to Madigan Army Medical Center where he served as psychiatrist and internist.      |  |
| Harold J.<br>Wain,          | Dr. Harold Wain PhD, FAPM, is Chief of the Psychiatry Consultation Liaison Service(PCLS) at WRNMMC, Bethesda, MD. He is also a professor in the Dept. of Psychiatry at the Uniformed Services University, Bethesda, MD. He was previously Director of the PCLS and Psychosomatic Clinic as well as Chief of the Psychology Service at WRNMMC. He has published and lectured both nationally and internationally and is a hypnosis expert, with over 15 years of experience.                                   |  |
| Bunin MD                    | COL Bunin is currently the Assistant Dean for Faculty Development at USUHS; served as staff physician in Critical Care at Tripler Army Medical Center, with over 19 years of experience; served as planner and medical course director of CME activity for Quality Improvement in Department of Medicine.   |  |
| Christopher                 | Dr Hines, with 20 years of experience, graduated in 1996 from Westfield State College with a BS in Biology and a Chemistry minor. He was Outstanding Senior Biology Student and is a life Member of Phi Kappa Phi academic honor society. He earned his MD from Albany Medical College in 2000 and while there was awarded the Berkshire District Medical Society Scholarship, DAR McGregor Scholarship and James Naurison Scholarship. He completed internship and residency at Tripler Army Medical Center. |  |
| Kevin T.<br>McCauley,<br>MD | Addiction Expert  |  |
|                             | Lieutenant Chris Johnson is a board certified Clinical Social Worker. He has over 10 years experience as a Licensed Clinical Social Worker in both the civilian and military settings, and a subject matter   |  |

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|---------------------------|--|
| LISW,<br>BCD              | expert regarding substance abuse and PTSD treatment. He is currently assigned to the mental health clinic at Wounded Warrior Battalion-East as an active duty mental health provider/therapist.  |
| Lynne<br>Vance            | Licensed Acupuncturist and Registered Nurse with over 17 years of treatment experience providing acupuncture, herbs, and nutrition to improve the health and well-being of diverse client base. Nationally Board Certified (NCCAOM) in Oriental Medicine. Recent experience working with interdisciplinary teams in integrative medical centers and hospitals. Current active licenses: licensed acupuncturist in Maryland and California, registered nurse in Maryland, BLS Certification.                    |
| Stephanie<br>Gottschalk   | Acupuncturist Fairbanks Family Wellness; Fairbanks, AK 2017-present • Integrative collaboration with health care providers within a multi-disciplinary practice • Evaluation and longitudinal treatment of a wide array of presenting complaints and injuries using multi-modal complementary medicine • Surveying, consultation, planning, and execution of clinic wide safety measures in response to COVID-19 health mandates • Acupuncture Detox Specialist • Integration of Mindfulness-Based Pain Manage |
| Joseph<br>Liberto         | Associate Chief of Staff for Education and Academic Affairs, VA Maryland Health Care System.  Adjunct Associate Professor, Department of Psychiatry, University of Maryland, School of Medicine  |
| David T.<br>George        | Uniform Service Experience: USPHS 1993 to 2014, highest rank: Captain 2014-present Staff Clinician, Office of the Clinical Director, NIAAA 2004 – 2014 Associate Clinical Director, NIAAA 1989 - 2014 Section Chief, Laboratory of Clinical Science, NIAAA 1986 - 1989 Senior Staff Fellow, Laboratory of Clinical Science, NIAAA, 1985 - 1986 Medical Staff Fellow, Laboratory of Clinical Science, NIAAA 1983 - 1985 Medical Staff Fellow, Laboratory of Clinical Science, NIMH                              |
| Ilene .<br>Robeck,<br>MD  | Dr. Robeck has over 40 years of experience and is currently the Director of Virtual Pain Care, Richmond VA Medical Center, Richmond, VA; Co-chair for the National Primary Care Pain Task Force, and member of the National Post-Deployment Integrated Care Initiative work group.   |
|                           | LTC Ford originally joined the military as a second lieutenant in the Military Intelligence Corps, 18 years of experience. She was stationed at Fort Bragg and deployed twice with the 82nd Airborne Division to Afghanistan and Iraq. She transitioned to the Medical Service Corps while attending medical school at the Uniformed Services University. Commissioned as a Medical Corps officer and completed her residency in psychiatry in 2013.   |
| ENOCH .<br>BARRIOS,<br>MD | Dr. Barrios originally from Mexico, over 12 years of experience; graduated from the National University in Mexico City. He trained as an Anesthesiologist before he migrated to United States. In United States he did train as a psychiatrist and later on as a geriatric psychiatrist in New York City. Since he was hired at Walter Reed he has been interested in Interventional Psychiatry and been part of the faculty training residents and fellows in Geriatric psychiatry under the PCLS service.    |
| CPT Chase<br>A. Aycock    | Clinical Health Psychology Fellow; Internship Faculty - 59 MDOS; JBSA-Lackland AFB, TX   |
| CPT Marc<br>A. Patience   | Maj Patience is currently serving as a first year fellow in Clinical Health Psychology at Wilford Hall Ambulatory Surgical Center. He is engaged with direct patient care focused on how psychological factors such as thoughts, feelings, and behaviors impact health concerns including insomnia, pain, obesity, and diabetes. Presently he helps run a 12-week weight management course, as well as teaching behavioral change concepts in the DCOE Diabetes Essentials course.                             |

You may register for this activity at <a href="https://education.mods.army.mil/navycme">https://education.mods.army.mil/navycme</a>. Click on 'Activity Registration' from the menu on the left. For assistance, you may contact the CME Planner, Christopher Spevak, at christopher.j.spevak.civ@mail.mil or 301-555-7174.